

## Bali beckons for local student

MOUNTAIN VIEW HIGH SCHOOL GRAD TEACHES  
ACTIVISM, LEADERSHIP IN ISLAND PROVINCE

By Alexa Tondreau

**R**yan Feinstein, born and raised in Mountain View and a graduate of Mountain View High School, is spending this summer far from home: on the Southeast Asian island of Bali, where he is pursuing his vision for social activism and youth leadership on an international scale.

Feinstein, now a junior at UC San Diego and an international studies major, is visiting the island, a province of Indonesia, for the seventh time in three years as part of his involvement with the Bali Institute for Global Renewal, where he began as an assistant in his freshman summer.

The institute, located in the city of Ubud, is a learning center that offers an array of programs that teach individuals, groups and organizations how to be effective leaders.

This summer Feinstein has ramped up his involvement, and now he serves as founder and director of the institute's Global Youth in Action Program. His commitment and passion won Feinstein the position, and he is currently the youngest organizer on staff.

This week Feinstein is in the midst of welcoming delegates from around the world to a week-long conference he helped to coordinate, titled "Awakening Global Action — Leadership, Indigenous Wisdom and Dialogue for a Transforming World."

The seven-day conference is designed to offer presentations, workshops and leadership training to participants who want to have an impact on their community. Feinstein has worked to bring as many young people to the program as possible.

Feinstein attended the institute's first conference and said he was concerned that only 10 young peo-

ple out of 500 adults were present. The experience inspired him to try to motivate other students to attend.

"Young people need to start understanding their role in the world and to stand up and act on their beliefs and frustrations starting now," Feinstein stated in an e-mail. "Young people in their 20s are going to be running many of the corporations, NGOs and countries in the near future, and we need to know how to live in the world in a different way than we currently are."

Feinstein said the differences in lifestyle and culture between a developing place like Bali and, say, Mountain View or San Diego are vast. He said the experience of living and working in Bali has had a deep impact on him.

"Much of my way of thinking has come from spending time in less industrialized areas of the world and really trying to understand cultures totally different from my own," he said.

Feinstein, who will graduate in spring 2008, said he doesn't know exactly what his post-graduate plans are, but he is sure he wants to continue working on the empowerment of youth in some way.

He said he is interested in attending graduate school because he wants to create a new leadership curriculum for universities that would encourage students to get involved in global affairs.

"I am doing this work because I truly believe we are at the cutting edge of leadership development and are creating a new generation of leaders of all ages," he wrote.

For more information on the Bali Institute for Global Renewal, visit [www.baliinstitute.org](http://www.baliinstitute.org).

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said he happened to know the owner there, and that the station may not be a moneymaker in itself but serves to advertise the company's biodiesel distribution operation.


Many biodiesel customers operate truck fleets, and take delivery of biodiesel in large stationary tanks — which is what the city of Mountain View plans to do soon for its diesel equipment.

When asked why Mountain View was chosen for a pump, Robinson said the company looked at its stations that sold kerosene — since it would be an easy switch when kerosene isn't

used for heating homes in the summer months. Along with two other stations in San Jose, Robinson said, the company is able to cover most of the Valley. However, the four biodiesel pumps the company has in Sonoma have had a bigger draw.

"I think we will definitely continue with it," Robinson said. "I don't think we want to get out of the [biodiesel] business. But whether we keep it at a particular location, I don't know." ■

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## Community Health Education Programs August 2007

Web site • [www.pamf.org](http://www.pamf.org) E-mail • [publicaffairs@pamf.org](mailto:publicaffairs@pamf.org)

### Events & Lectures

**"Nutrition for a Healthy Heart"**

Monday, August 27, 3:30 – 5 p.m.

**Susan Zipin, R.D., CDE, PAMF Nutrition Services**

Join us for a discussion of menu selection and food choices with a focus on measuring sodium intake and daily food requirements. This lecture is also appropriate for anyone with high blood pressure.

Hearst Center for Health Education, Level 3, Jamplis Building, Palo Alto Medical Foundation, 795 El Camino Real, Palo Alto. RSVP to (650) 853-4873.

**"Prostate Cancer: The Patient Experience"**

Thursday, August 30, 7 – 9 p.m.

**PAMF Panelists**

PAMF physician panelists will present a brief overview of prostate cancer and its treatment options. They will be joined by several prostate cancer survivors who will share their journey through prostate cancer, from diagnosis through treatment, recovery and survivorship.

### Classes

**"AARP Driver Safety Program," Friday, August 10 & 17, 9 a.m. – 1 p.m.**

Two-session, eight-hour classroom refresher tailored to older drivers. Sessions cover age-related physical changes, declining perceptual skills, rules of the road, local driving problem and license renewal.

**"Learning About Heart Failure," Friday, August 17, 2 – 3:30 p.m.**

A class taught by a Cardiology nurse practitioner. Topics include medications used in treatment, dietary requirements, weight monitoring, self-care, activity guidelines, and symptom recognition and reporting.

**"Cholesterol and Your Heart," Tuesdays, August 21 & 28, 5:30 – 8:30 p.m.**

A two-session class on understanding cholesterol, major risk factors for heart disease, taking steps to reduce cholesterol (diet, exercise and medications), and being motivated and informed.

**"Advance Health Care Directives," Call for available dates and times.**

PAMF's specially trained volunteers will provide advice and answer questions about the advance health care directive form. No cost.

### Support Groups

Cancer (1st & 3rd Tuesdays) • Diabetes (1st Wednesday) • Multiple Sclerosis (2nd & 4th Mondays) • Sleep Apnea (1st Thursday) • Alcohol and Drug Education (Every Tuesday) • Healing Imagery for Cancer Patients (August 8 & 22)

For information on class fees and to register, call the Education Division at (650) 853-2960.

# Inspirations

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**MOUNTAIN VIEW CENTRAL**  
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1425 Springer Rd., Mtn. View Office Hours 9-1, M-Fri  
650-967-2189

To include your Church  
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Please call Blanca Yoc  
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9:30am Breakfast@Union #2 Worship  
9:45 am Church School Nursery  
11:00 am Worship in the Sanctuary,  
Club Sunday for Children, Nursery

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